

CRESS CREEK MOMS & TOTS NEWSLETTER

March 2022

CHAIRMOM'S MESSAGE

I had this entry prepared mid-February for the newsletter's publication in early March. Before you read on, it seems important and necessary to mention the destruction that is taking place in Ukraine. My heart is breaking for the families caught in these attacks. I am so incredibly aware and grateful today for our safety and the safety of our children. Although this newsletter is light in nature, I want to say that my heart feels heavy knowing there are so many Ukrainian families who cannot say the same about their own children's and families' safety. In this time of unrest, I hold these families in my thoughts & prayers.

Well, spring was here for a whole 24-hours. It came in with swaths of sunshine and bands of singing birds - like the opening scene of a real-life Disney movie. My kids threw on shorts and sandals, we took our dogs for a long afternoon walk - along with everyone else in the neighborhood. And then, as quickly as it came, the snow and ice returned. My dogs have never looked more sad, and my children are still wearing shorts.

But, spring did come, and if you know me, you know that that warm spring Saturday was all I needed to officially kick-off the spring cleaning season. Since that weekend, I've been digging through my kids' closets, sorting through all the junk drawers, and turning my playroom inside out.

While I relish decluttering my home, I recognize that not everyone enjoys the process.

So, here are 5 hacks I use to make spring cleaning more manageable:

- Prioritize - Nobody has time to clean all day, so what are the most important places you'd like to clean? For me, it's always my boys' closets. Forget the rest...for now :).
- Make a plan - What will you do with the 'stuff' after you've organized? Some will be put back, some will be put in the trash, but consider donating the rest. Our Moms & Tots Facebook page is a great place to pass on gently used items!

2021-2022 Board Members

Chairmom: Meghan Mederich

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Secretary/Webmaster: Erin Seyring

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Kids Events: Lauren Voit & Julie Chiu

Adult Events: Jorie McCoy & Jennie Siebert

Marketing & Community Outreach: Caroline Connell



CRESS CREEK
MOMS & TOTS

CHAIRMOM'S MESSAGE CONTINUED

- Start small - Pick one place to organize. Not the whole room, not even the whole dresser. Start with one drawer: empty everything out, clean it, only put back what is needed, and make a donation/trash pile for the rest. See how you feel after; that might be enough!
- Get your kids involved - Just kidding, don't do that. Some moments call for child participation, others don't. Put on a movie and start organizing the dresser in peace.
- Make it functional - Organization doesn't need to be expensive or Instagram worthy. Canisters for cereal and matching bins for toys aren't required - although sometimes that's the push to get me cleaning, ha. It just has to work for you and your family.

Now, all that to say, spring cleaning is not necessary - but, you knew that . It's cathartic for some and overwhelming for others. So, while starting small and taking manageable steps is helpful, sometimes sitting on the couch and resting is more helpful. Dr. Becky, a psychologist, says it perfectly - "Our worth can't be measured by cleanliness or organization. My house might be a mess, but I am not. I am good inside even when there is mess on the outside." I try to remind myself of that when the spring clearing turns into a burden.

I look forward to you reading this month's newsletter. Be sure to take special notice of the Save the Date page; Julie, Lauren, Jorie & Jennie are working hard on these spring events!

Hope to see you soon.

Your friend,
Meghan



LADIES GAME NIGHT

HOSTED BY GREAT WESTERN FLOORING



A HUGE thank you to Lauren Voit and Great Western Flooring for hosting!



PLAYROOM CAFE TWO PLAYDATE







March Board Picks: "Staycation" Ideas

With Spring Break just around the corner, the Board wanted to share some of our tried and true favorite locations and activities for fun around town. Whether you're traveling or staying local this Spring Break, we hope you have a blast!

Meghan's Pick:

When we go on vacation, we always try to play at least one round of mini golf. For a staycation, we would absolutely visit Puttshack in Oak Brook. Located indoors, Puttshack not only offers a great mini golf experience, they also serve food & drinks. Definitely recommend.



Caroline's Pick:

When looking for an activity, we love going to the library. They have a play space for the kids to run around and play with toys and then every day, they have some sort of story time or craft. No need to reserve ahead of time. Just drop it! They post their schedule online as well so you can plan accordingly.



Kathryn's Pick:

DuPage Children's Museum



Erin's Pick:

Bison's Bluff Nature Playground in Schaumburg is a great adventure. Even with all the amazing playgrounds here in Naperville, the uniqueness of this one makes the extra drive worthwhile!

Danielle's Pick:

Rainbow Play Systems:

We love to go play at Rainbow and explore the huge variety of equipment. You can go play on Monday, Tuesday, Thursday, and Friday for just \$10/ kiddo. In this cold weather, it's a great way to burn some energy!



Julie's Pick:

Ultimate Ninjas Naperville is a fun place for kids to let their energy out! It has fun, challenging classes for ages 3+ and has open gym times. My son took classes here and had his 7th birthday party here and it was a blast! They even have some summer camp classes, too. Here's their site:

<https://ultimateninjas.com/naperville/>

Molly's Pick:

The Brookfield Zoo is our go to day time activity! We love going to see the animals and having lunch together afterwards!



Jennie's Pick:

Noon whistle brewery is a kid friendly fun environment. Good drinks, TVs for watching March madness, and most weekend days they have different food trucks you can purchase food from. Lots of fun for all.



EVENTS

<u>EVENT</u>	<u>DATE</u>	<u>LOCATION</u>
St. Patrick's Day 5K Fun Run	3/12 8:00 AM	Downtown Naperville
Easter Egg Hunt	4/10 3:30 PM	Cress Creek Park
Cinco De Mayo Couples Event	4/30 6:00 PM	McCoy Home 900 Carlson Ct.
Pedal N Sip	5/15 Time TBD	Around Cress Creek
Spring Picnic	5/22 11:30 AM	Cress Creek Commons

EVENTS

Come join us for our CCM&T Family Event

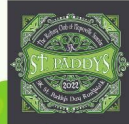
ST. PADDY'S

DAY 5K!

Saturday March 12
8:00 am- start time

1000- Parade downtown Naperville
Family hangout and libations afterward
(venue TBD!)

REGISTER ON: stpaddysday5k.com



Let's celebrate together!

CCM&T EASTER EGG HUNT

Sunday • April 10, 2022
3:30 PM • Cress Creek Park

Bring your baskets for the
egg hunt and meet the
Easter Bunny!

Sponsored by:



COUPLES PARTY TO CELEBRATE CINCO DE MAYO

Saturday, April 30th • 6:00pm
@ 900 Carlson Ct
Taco Truck • BYOB
Invitation to follow!



Happy Birthday!

March Birthdays

Christine Doyle
Kalie Nitzsche
Ali Frogameni
Clementina Kuchuris

Ashleigh Oberweis
Kristin Louis
Lauren Krug
Heather Wolf
Anna Sandberg

Don't see your birthday listed? Be sure to update your member profile on ccmomsandtots.org to include your birthday so that we can celebrate you in the newsletter!

Welcome New Members!

Kasia Nosek
Katherine Beer

We're so glad you're here!

CRESS CREEK MOMS & TOTS

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